



Taste the power of nature with our Veggie Style Organic RAW Spirulina

Spirulina contains also Vitamin E, vitamin B1, and B2 and Spirulina is one of the very few plant based source containing human active vitamin B12 – very important if you are following a vegan diet.

Besides, the content of minerals are important and Spirulina offers a natural source of iron, selenium, copper, zinc, manganese and chromium.

Each Bottel contains 180 tables of 100% pure Spirulina for the price of 14,90 Euros



Our VEGGIE STYLE Microalgae SPIRULINA offers in a natural way a high concentration of vital nutrients your body needs to stay healthy, fit,

Full of energy and young. It offers a long list of healthy benefits. It is also beneficial for:

- Weight loss,
- Healthy skin
- The health of your Eyes & Bones
- Strengthen your immune system

- Spirulina helps you to feel full of energy

Spirulina contains many valuable nutrients in a natural and easy to digest and high concentrated form.

First of all, Spirulina has an unique high content of protein which is between 53-62% – and the best:

This protein is composed and contains all essential amino acids, including Glutamine and BCAA's.

Besides mother nature offers in Spirulina another natural advantage: Based on the fact, that the cell walls of

the Spirulina are very soft, it offers the advantage, that all nutrients are easily and fast assimilated by our

body. And the protein in Spirulina does not offer the high allergic reactions which are mainly in soy protein,

dietary protein or egg protein.

VEGGIE STYLE Spirulina is grown organically in natural spring water in an bio-secure area and free of any

kind of pesticides, herbicides and it is Non-GMO

VEGGIE STYLE Spirulina is the best way to supply your body with natural Minerals, trace elements, vitamins, and essential fat acids – it is natural, plant based and organic. Spirulina is an excellent source of natural Calcium, Iron, Vitamin A and it is the only plant based source for human active vitamin B12.



Spirulina helps you to improve your performance in any kind of resistance and strengths sports.

Our Organic grown Spirulina is cultivated in a bio-secure environment and grows in natural spring water and is fed with organic grown minerals.

Our Spirulina are regularly controlled following the German rules for biological agriculture ideology.

Therefore our organic Spirulina powder as same as our organic Spirulina capsules offer a high content of

beneficial nutrients, which are:

All essential Amino acids in high concentration, which is in each 100g of Spirulina:

Isoleucine 3.30 g

Leucine 5.00 g

Lysine 2.60 g

Methionine 0.90 g

Phenylalanine 2.20 g

Threonine 2.40 g

Tryptophan 0.66 g

Valine 3.60 g



Besides, Spirulina has a high content of Beta Karotin (Vitamin A)

Essential Fat acids (Omega 3,6, 9 and Gama Linolic acid)

Chlorophyll, nucleic acids and many other phytonutrients

The so called arthrospira platensis blue-green algae has one special effect, and this consists in that it usually

absorbs all toxins and bacteria of contaminated water – therefore it is crucial to only consume organic Spirulina like

the Veggie Style Spirulina, which is grown in an controlled bio-secure environment growing in clean spring water and exclusively feed with organic nutrients.

Spirulina offers also the benefit of detoxing your body. It is considered as a natural cleanser which helps your body to eliminate many deadly toxins such as mercury.

Therefore you can experience at the beginning of consuming Spirulina some side effects of this detoxification which can be nauseas or headache –

once, this is passed, your body is cleaned out of the toxins it did accumulate over the years and you can start to enjoy of the energizing benefits of spirulina.

Spirulina is also very rich in antioxidants which are proved on scientific studies to prevent cancer.



All high concentrated nutrients in Spirulina combined with the high amount of antioxidants helps your body to stay young with a healthy skin and bones

Besides the vitamins of the B complex, and D, E, A and K vitamins, Spirulina has one interesting fact – it does not contain any vitamin C – but this is not negative, as there are many fruits and vegetables, which offer a high content of vitamin C.

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To bring it to the point: Spirulina is one natural plant based super food considered as natural vegan multivitamin-mineral-protein complex.

Especially when you are an athlete or you are on a weight loss or muscle gain diet, you need to supply your body with all nutrients he needs, and Spirulina is a very good and natural option. In many scientific studies it could be proven, that Spirulina has many positive effects on your fitness and health, such as fighting diabetes, depression, heart diseases, Spirulina helps to improve the production of red blood cells and in general it strengthen your immune system, which becomes

stronger after a supplementation with Spirulina for several weeks.

Spirulina is ideal for all athletes who want to become stronger and faster and build more muscle mass, as is a great source of energy. You will experience soon, that you feel more power full for each training session – and any athlete knows, that this is one important fact for improving in your training; the more energy and power you feel when you go to your training session, the better your workouts are and the more you become stronger and better in your sport.

The anti-aging effect of the nutrients contained in Spirulina is enormous – the combinations of all help to fight free radicals and all contamination absorbed by our body, which are destroying and degenerating our body cells. This helps to maintain our cells intact and fight cancer and cellular degeneration.

Spirulina contains nutrients which are beneficial to the health or our cardiovascular system lowering the risk of suffering strokes and the consequences of low blood pressure caused by malnutrition.

Researches also could find out that Spirulina has a very positive effect on our digestion by fighting the bad bacteria and stimulate the beneficial intestinal flora mainly the bifido bacteria and the lactobacillus.

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Nutrition Facts

of 100g Spirulina

Moisture 4.6 g
Ash 9.9 g
Protein 59.8 g
Crude Fiber 6.2 g
Carbohydrates 12.8 g
Fat 6.7 g
Energy per 100 g 1480 kJ ~ 350 kcal
Fats (fatty acids) 10% of total fat
Lauric acid (C 12:0) 9.3%
Palmitic acid (C 16:0) 44.4%
Stearic acid (C 18:0) 6.9%
Palmitoleic acid (C 16:1) 3.8%
Oleic acid (C18: 1) 1.9%
Linoleic acid (C18: 2) 14.9%
Gamma-linolenic acid (C 18:3) 19.0%

Vitamins. 100 g

Vitamin A- Beta Carotin 52.00 mg
Vitamin B1 Thiamin 2.70 mg
Vitamin B2 Riboflavin 2.10 mg
Vitamin B3 Niacin 13.20 mg
Vitamin B6 Pyridoxin 0.20 mg
Vitamin B9 Folate 62.00 mcg
Vitamin B12 Cyanocobalamin 139.00 mcg
Vitamin D 1.120 I.E. 28.00 mcg
Vitamin E Tocophero 14.10 mg
Chlorophyll 2.24 g
Phycocyanin 1.2 - 1.5 g
nucleic average
RNA - ribonucleic acid 2.8%
DNA - deoxyribonucleic acid 0.8%

Minerals / trace elements.

Calcium (Ca) 1265.00 mg
Chloride (Cl) 90.00 mg
Chromium (Cr) 00.48 mg
Iron (Fe) 118.00 mg
Fluorine (F) 3.00 mg
Iodine (I) not detectable
Potassium (K) 1120.00 mg
Copper (Cu) 12.37 mg
Magnesium (Mg) 367.50 mg
Manganese (Mn) 4.65 mg
Molybdenum (Mo) 12.03 mg
Sodium (Na) 320.00 mg
Phosphorus (P) 1200.00 mg
Selenium (Se) 1.00 mg
Silicon (Si) 100.00 mg
Zinc (Zn) 7.60 mg

Amino Acid Profile

Alanine 4.30 g
Arginine 3.50 g
Aspartic 5.00 g
Cysteine 0.50 g
Glutamic acid 8.60 g
Glycine 2.50 g
Histidine* 0.70 g
Isoleucine* 3.30 g
Leucine* 5.00 g
Lysine* 2.60 g
Methionine* 0.90 g
Phenylalanine 2.20 g
Proline 1.70 g
Serine 2.20 g
Threonine* 2.40 g
Tryptophan* 0.66 g
Tyrosine* 1.50g
Valine* 3.60 g

Marked with an * are the essential Amino Acids