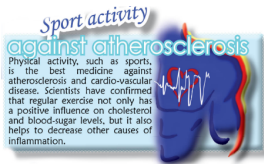


Sport activity against atherosclerosis

Written by

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Sport activity is the best medicine against atherosclerosis and cardio-vascular diseases. Scientists assume that regular physical activity not only has a positive influence on the cholesterol and blood sugar level, but it also helps to lower other unknown inflammation factors.